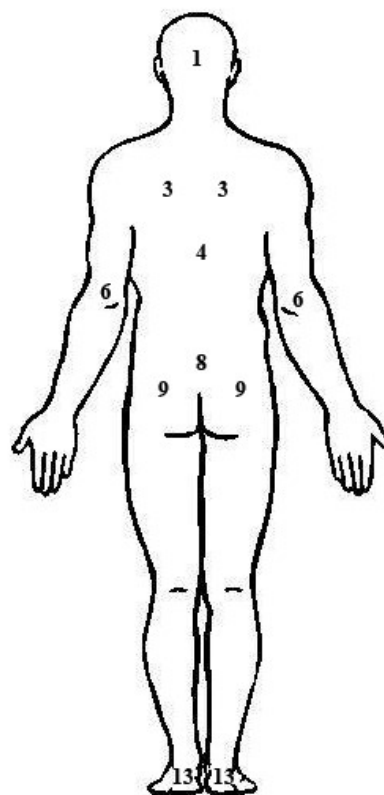
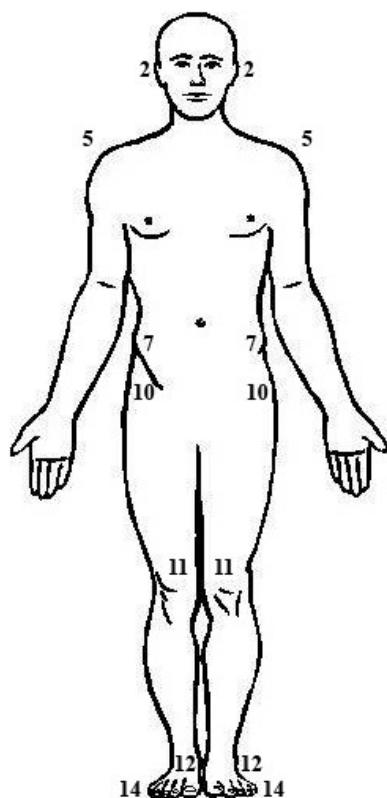


Introduction to Pressure Injuries - Answer Key

Pressure injuries, otherwise known as pressure ulcers, are an injury to the skin or underlying structures usually over a bony prominence caused by prolonged force. This force compresses tissue and hinders blood flow to that portion of the body.

Exercise: Identify the bony prominences below by matching the number with the term.

- 14** Toe
- 2** Ear
- 6** Elbow
- 11** Knee
- 10** Trochanter
- 9** Pelvis
- 1** Occiput
- 8** Coccyx
- 7** Iliac Crest
- 3** Scapula
- 5** Shoulder
- 13** Heel
- 12** Malleolus
- 4** Spinous Process



Open source picture: http://www.clipartpanda.com/clipart_images/12-outline-of-human-body-34636805
Reference: National Database of Nursing Quality Indicators (2016). Pressure Ulcer Training. Retrieved from <https://members.nursingquality.org/NDNQIPressureUlcerTraining/Default.aspx>